



BAILDON
Walkers *are* Welcome



GUIDED SUMMER WALKS AND EVENTS 2017

General advice for all our walks: please read this carefully.

- ** Come in **strong shoes or boots** and clothes appropriate to the weather.
- ** **Always carry water to drink, a snack, and any first aid supplies.**
- ** **Read the information** about each walk to choose the right one/s for you.
- ** Please **listen carefully** to any advice and information given by the walks-leader. S/he will aim to make the walk interesting, and enjoyable.
- ** **Your safety is of prime importance** to us, so please stay within the group (if you want to leave the walk before the end, please tell the leader).
- ** Our **walks-leaders have all undertaken training** in walks-leadership. They are **not required to be first aid trained** and will not administer first aid.
- ** They will **all carry a mobile phone** to summon assistance if required.
- ** Sorry – but we cannot accept dogs on these walks, except guide dogs.

Key to levels of walks on offer:

Easier = gentle, leisurely walk over generally good paths.

Medium = some rough paths, stiles, or limited steeper ascents and a moderate pace.

Harder = a faster-paced and/or longer walk with some rough paths and steeper ascents.

**** FRIDAY 9 JUNE. 10.30 start. TEDDY BEAR PICNIC AND TODDLER TROT.**

Easier. 1 mile. Circular Family Walk. The route is accessible for pushchairs. Finish by 12.00.

Meet Chris Flecknoe at Wesleys Café, Baildon Methodist Church, (BD17 5NQ) for a walk particularly for families with under-5s (although over-5s are welcome to accompany their younger brothers and sisters). **Bring a teddy, a drink and something to sit on!** Visiting Hallcliffe Community Garden for a Teddy Bears Picnic, and Jenny Lane Playground, before returning via ginnels to Wesleys (where lunch can be purchased if you wish).

**** SUNDAY 11th JUNE. 14.00 start. SOME MOORLAND FARMS: A LOOK AT THEIR HISTORY.**

Medium. 4 miles. Circular. Expected finish time: 16.00.

Meet Tish Lawson at the Potted Meat Stick (BD17 6ND) to look into the history of some of the moorland farms, with some stiff ascents over the moor.

**** TUESDAY 13th JUNE. 10.30 start. LOW SPRING FARM VISIT AND COW-AWARENESS INFO SESSION. Easier/Medium . 3 miles. Circular.**

Return to Baildon centre by approx. 13.00.
Meet Chris Flecknoe at the Potted Meat Stick (BD17 6ND). We shall descend along the valley-side of the Gill Beck, across fields and into woods, before circling round to visit Low Springs Farm, where the farmers, Stephen and Rachel Coates, will show us around the farm and give us advice about walking through fields where cows are present. We shall return past the Whitehouse and over The Eaves. Several stiles on the route.

**** SUNDAY 9 JULY. 14.00 start. FAWEATHER CIRCULAR. Medium. 4.5 miles. Circular.** Finish around 16.00. **Meet Mike Lawson at the Potted Meat Stick (BD17 6ND)** for a walk which will be mainly on moorland paths and lanes, with good long-distance views.

**** WEDNESDAY 12 JULY. 10.00 start. A TASTE OF "A DALES HIGH WAY". Harder. 8 miles. Linear.** Finish time around 15.00 and return by train.

Meet Christ Grogan at Victoria Hall, Victoria Road, Saltaire (BD18 3JS) to walk the first 8 miles of A Dales High Way. This is a 90 mile long distance path from Saltaire to Appleby-in-Westmorland. Today's Walk Leader, Chris Grogan, devised A Dales High Way with her husband Tony in 2007. Ten years on the route is now well established as a popular long distance trail. The route leaves Saltaire along the canal towpath and climbs steadily through Trench Wood to Shipley Glen before heading onto the open moors, passing the Twelve Apostles stone circle. The moorland is exposed and can be wet underfoot and the descent into Ilkley is steep and rocky so care must be taken. There is a short section along a busy road. Bring refreshments and a packed lunch. Cafes and pubs at the end in Ilkley.

**** SATURDAY 15th JULY. 10.00 start. URBAN EXPLORER. Medium. 5.5 miles. Linear.** Finish at Bradford Cathedral around 13.30/14.00 and return by public transport.

Meet Bob Davidson at The Potted Meat Stick (BD17 6ND) for a walk with a difference, heading into Bradford along "green corridors", seeing views of the City from new angles including the best panoramic view of Bradford. We will be using the Canal Road greenway and the Dales Way Link path, following Bradford Beck and visiting the spot in a hidden nature reserve where legend has it that the last Bradford Boar was killed. Lots of lunch outlets in Bradford or take a picnic. Return to Baildon by bus or train.

**** SATURDAY 22 JULY. 10.00 start. FASCINATING PLACES AROUND BAILDON. Medium. 6 miles. Circular.** Finishing mid-afternoon.

Meet Richard Freeman at Bracken Hall Countryside Centre (BD17 5EA). Our initial route will provide us with wonderful views as we follow paths up and over Baildon Moor via Crook Farm, Hope Farm and Hope Lane. We shall then descend on tracks and quiet roads to Ferniehurst Dell Sculpture Park, before taking the path along the River Aire to Denso Marsten Nature Reserve and Buck Mill. Our return will take us along the canal to Saltaire, Roberts Park and back to Bracken Hall via Trench Farm and Trench Woods. Bring a picnic

**** SUNDAY 6th AUGUST. 14.00 start. WALKING WITH DEMENTIA. Gentle / Easier of adjustable length (min. 250m – max. 1 mile) to suit individual needs. Circular.**

Meet Eddie Nash, Bob Davidson, Mike Lawson and Michael Skelton at the car park next to Salts School, Lower Coach Road. This is a short walk designed especially for people with Dementia, providing activities and items to interest and stimulate the participants and of easily adjustable length to suit the needs and abilities of each individual. Ride the Shipley Glen Tramway; visit the lower station museum and the top station 'Olde World' sweet store; return to Roberts Park to listen to the music in the bandstand and/or walk to the river and around the park before returning to the car park. Bring snack and drink.

Note : all attendees must be accompanied by an adult carer/supporter and this event is not suitable for wheelchair users For further details contact Michael Skelton (Baildon Dementia Action Group) at michaelskelton@yahoo.co.uk

**** FRIDAY 11 AUGUST. 10.30 start. BRACKENHALL TO BINGLEY FOR BRUNCH AND BACK.**

Medium. 6 miles. Circular.

Meet Chris Flecknoe at Brackenhall Countryside Centre (BD17 5EA) for a half-day walk through varied terrain with refreshments at half-time at the Five Rise Locks Cafe in Bingley (or bring a picnic if you prefer). Our walk will take us via Eldwick on field paths and lanes, where we shall have fantastic views over the Aire Valley, before descending to The Five Rise Locks Cafe on some lesser-known Bingley ginnels. Return along the canal and riverside paths to Brackenhall approx. 14.30. (Option to cut short and return to Baildon by train or bus from Bingley).

**** SATURDAY 2 SEPTEMBER. 9.50 start at Baildon station, or join us at 10.05 at Burley station. BURLEY TO BAILDON VIA BURLEY MOOR.**

Harder. 7 miles. Linear. Finish approx. 14.00: centre of Baildon.

Meet Richard Freeman at Baildon Station to catch the 09.56 Metro train from Baildon to Burley. This interesting walk on urban paths and peaty moorland, will follow "The Welcome Way" over Burley Moor; past the Great Skirtful of Stones (with great views over Wharfedale and Airedale); on to Horncliffe Well and Little London Farm; and back to Baildon via Sconce. One long uphill stretch and a few stiles. Picnic lunch needed. Not suitable young children.

TUESDAY 10th OCTOBER. FULL DAY-COURSE:

"INTRODUCTION TO MAP-READING AND BASIC NAVIGATION."

Meet Mervyn Flecknoe from 10.00 – 15.00, starting in Wesleys with a classroom-based navigation update for two hours followed by lunch in Wesleys café (allow £5 for a main course and sweet or bring a picnic), followed by a two-hour walk with practical navigation opportunities in the afternoon on Baildon Moor to observe those features and techniques identified in the morning session. Advance booking required and there will be a £3 charge, payable on the day, for room hire. Bring a compass and a notebook (maps provided). **To book a place, email:** info@baildonwalkersarewelcome.org or telephone 07825 299144.

TUESDAY 11 JULY. 19.30. BAILDON WALKERS ARE WELCOME

ANNUAL GENERAL MEETING 2017

Plus: PHOTOGRAPHIC PRESENTATION ABOUT

"A DALES HIGH WAY" BY CHRIS GROGAN

Venue: Wesleys, Baildon Methodist Church BD17 5NQ

Come and hear about what Baildon Walkers are Welcome have been doing, and about our future plans.

Sign-up as a member (only £1 per year).

Purchase our publications.

All welcome.

For further information about anything within this leaflet email:

info@baildonwalkersarewelcome.org